



## Courses for Parents & Online Safety Information

### Upcoming Online Courses

Building your Child's Resilience

Cooking ideas for you and your child (ADHD, Autism & Neurodivergent)

Develop Skills to your child's Sensory Needs (ASD, ADHD and other)

Developing your Child's Self-Esteem

Empowering Your Child: Positive Ways to Handle Anger and Meltdowns

First Steps to Understanding Emotionally Based School Non-Attendance

First Steps to Understanding Masking

First Steps to Understand My Neurodivergent Child

Help! I have a fussy eater

Help your Child to Manage Anxiety

Helping your Child to Develop Positive Bedtime Routines

Helping your Child to Develop Positive Friendships

Learn, Play & Thrive - The Toddler Years

Starting School: Navigating Anxiety and Expectations for YR Parents

Supporting Your Teenager

Supporting your LGBTQ+ Child

Use a Positive Approach to Build Your Child's Resilience

Using Play, Songs and Stories to Support Your Child's Early Years

Who's in Charge? First Steps to Understanding Child to Parent Violence

Please note that some of these courses may have waiting lists and some run to more than one session. For full details of these and other courses offered by Surrey Adult Learning and how to book, click below.

[SEARCH COURSES](#)

### Online Safety Information



#### Europol issues Intelligence Notification

On 20th February, Europol issued an Intelligence Notification calling attention to the rise of online cult communities dedicated to extremely violent child abuse.

The perpetrators leverage online gaming platforms, streaming services and social media platforms to identify and lure their victims. They target vulnerable young people, particularly minors between 8 and 17 years old – especially who are LGBTQ+, racial minorities and those struggling with mental health issues. In some cases, they infiltrate online self-help or support communities dedicated to individuals impacted by these issues.

Europol advises parents to beware of these behaviours in their children:

- Secrecy about online activities
- Withdrawal and isolation
- Emotional distress
- Interest in harmful content
- Changes in language or symbols used
- Concealing physical signs of harm

And they warn parents not to ignore these signs in their children's online behaviour:

- Unusual activity on platforms
- Interaction with unknown contacts
- Encrypted communications
- Exposure to disturbing content

To read the full report, click the link below:

*The rise of online cult communities dedicated to extremely violent child abuse*  
(Europol)